

Chippenham Amateur Swimming Club

Risk Assessment

Attending Open Meets/ League Gala's/Championships

<p>Swimmers from the club regularly attend Gala's hosted by other clubs (Open Meets), League Gala's and County/Regional/National Championships.</p> <p>Risk Assessments are carried out for all of these events by the event Promoter in conjunction with Pool Staff and the Referee. However it is worth recording our own general Risk Assessment for all such events as below.</p> <p>Risk Factors: 1 – Medium to High – requires attention, control measures required 2 – Low to Medium – requires monitoring and reviewing 3 – Nil to Low – no action required</p>			
At a Competition			
Hazard	Control measures in place	Risk factor	Further control measures
Personal			
Changing	Swimmers are encouraged NOT to enter changing areas on their own.	3	Adults of both sexes are available on poolside to escort swimmers if necessary. Open Meets/ Championships usually have designated changing area stewards. All Club personnel are CRB checked and have attended Child Protection courses.
Photography	Meets require any person wishing to engage in photography to register at the entrance desk.	3	Any person NOT registering but taking photographs is liable to be ejected.
Poolside			
General	The Club appoint a Team Manager and various support staff to monitor and control the swimmers during the event	3	
Drowning General Injury	The pools have clear Normal Operating Procedures (NOPs) and an Emergency Action Plan which are adhered to. Warm up is strictly monitored in terms of number of swimmers in the water. Swimmers must follow defined lane discipline in terms of which way round they swim	3	If no Lifeguard is present, the swimmers will not be allowed in the water. Lifesaving equipment is present
Entrapment under the pool cover	No person allowed into the pool area until the pool is set up for competition.	3	

Slips, Trips or falls	All swimmers are warned to take care on poolside and not to run.	2	
Diving (spinal/head injuries)	Swimmers only dive under supervision. Diving is NOT permitted during the warm up except in designated "Sprint Lanes" which are marshalled at both ends. Swimmers must have achieved their ASA Competitive Start Award to dive into shallow water.	2	
Building defects (sharp edges, faulty tiles etc)	The club are to be proactive and report ALL defects with the pool and poolside to the referee or another official	3	All officials are Health and Safety Officers and if necessary the referee will stop the gala until a problem is resolved.
Equipment defects (lane ropes/blocks etc)	The club are to be proactive and report ALL defects with the pool and poolside to the referee or another official	3	
Cramp/exhaustion/dehydration	The club require swimmers to engage in a pre swim warm up on dry land. Coaches regulate the training programmes and monitor individual training levels. Large quantities of water can be lost during strenuous exercise it is therefore stressed to the swimmers that they must drink before, during and after training.	3	
Medical conditions Asthma, diabetes, epilepsy etc	ALL swimmers are to complete an A.S.A. medical declaration form. No swimmer will be allowed to enter the water if they feel unwell. Inhalers etc should be handed to the lifeguard	3	
Jewellery	No jewellery is to be worn. It is the swimmers responsibility to ensure jewellery is removed.	3	
Travel to/from a competition			
Swimmers travelling with family			
General Injury	The club publish the time and place of the gala and assume that people leave sufficient time to get to the event in time.	3	
Swimmers travelling with another family			
General injury	The club publish the time and place of the gala and assume	3	

	that people leave sufficient time to get to the event in time		
General Injury	The club do not arrange lifts for swimmers. Phone numbers may be provided to parents but individual parents are responsible for making travel plans.	3	