

Chippenham ASC

Risk Assessment

Risk Assessment for: **Training sessions at Olympiad and Corsham**
 Assessed by: **S R Miller**

Assessment for: **All squads**

Identified hazard	Risks	Measures to control risk	Level of risk	Date assessed
Lane swimming <ul style="list-style-type: none"> Adequacy of supervision and organization of training sessions and warm up and swim down. 	<ul style="list-style-type: none"> Swimmers Possible collisions between swimmers. 	ACTION BY CLUB OFFICERS <ul style="list-style-type: none"> Direction of lane swimming to align with adjacent lane Number of swimmers per lane Speed of swimming/swimmers catching up Consider starts and turns Provide signs for lane control when necessary No stopping in lanes/ change position at end of lanes 	With implementation of adequate control Low risk	Jan 2014
Inappropriate teaching/coaching qualifications	<ul style="list-style-type: none"> Swimmers (possible drowning incident) 	ACTION BY CLUB OFFICERS <ul style="list-style-type: none"> All teachers / coaches should be appropriately qualified for the group they are teaching Less qualified teachers are supervised appropriately 	With implementation of adequate control Low risk	Jan 2014
Inappropriate depth of water	<ul style="list-style-type: none"> Swimmers Drowning in deep water Impact with the pool floor in shallow water 	ACTION BY CLUB OFFICERS <ul style="list-style-type: none"> Ensure appropriate water depth before session begins Ensure appropriate water entry for depth of pool (jumping/head first/sitting dive) Ensure swimmers are made aware of 0.9m minimum depth requirement 	With implementation of adequate control Low risk	Jan 2014
Inadequate supervision during training	<ul style="list-style-type: none"> Swimmers Possible drowning incident 	ACTION BY CLUB OFFICERS <ul style="list-style-type: none"> Supervision of swimmers at all times Appropriate lifeguard supervision (according to pool specification) 	With implementation of adequate control Low risk	Jan 2014

Identified hazard	Risks	Measures to control risk	Level of risk	Date assessed
Impact with the floor surface whilst completing a tumble turn	<ul style="list-style-type: none"> • Swimmers • Injury to head • Injury with the pool floor 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Ensure swimmers and coaches know minimum pool depth of 0.9m • Supervision by lifeguard/coaches at all times 	<p>With implementation of adequate control Low risk</p>	<p>Jan 2014</p>
Starting platforms <ul style="list-style-type: none"> • Unsuitable fitting/ sharp or rough edge/ slippery or uneven surface 	<ul style="list-style-type: none"> • Swimmers • Cuts, slips, falls & trips 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Coach / teacher to check equipment at start of session before use • Broken / damaged equipment to be reported to pool management and not used until fixed/replaced • Supervision throughout use of starts 	<p>With implementation of adequate control Low risk</p>	<p>Jan 2014</p>
Lane ropes <ul style="list-style-type: none"> • Poor fixing attachments at end of pool, sharp edges or snags 	<ul style="list-style-type: none"> • Swimmers • Cuts, minor injury 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Coach / teacher to check equipment before use • Broken / damaged equipment to be reported to pool management • Supervision throughout use 	<p>With implementation of adequate control Low risk</p>	<p>Jan 2014</p>
<p>Missing or Wrongly positioned backstroke turning flags</p>	<ul style="list-style-type: none"> • Swimmers • Head injury • Collision with pool wall 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Discussion with pool management to ensure where flags should be • Coach / teacher to check equipment is set up correctly before swimmers enter the pool 	<p>With implementation of adequate control Low risk</p>	<p>Jan 2014</p>
Changing areas, showers and toilets <ul style="list-style-type: none"> • Slippery or defective flooring. • Inadequate cleaning • Missing/broken drain covers. • Broken or loose seating. 	<ul style="list-style-type: none"> • Swimmers, coaches, parents, officials • Cuts, bruises, bumps, grazes, falls • Serious incident if emergency lighting fails 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Discuss and report to pool management when a hazard is identified • Warning to club members and visitors to club when a hazard is identified 	<p>With implementation of adequate control Low risk</p>	<p>Jan 2014</p>

Identified hazards	Risks	Measures to control risk	Level of risk	Date assessed
<ul style="list-style-type: none"> • Broken lockers (doors sticking out in walkway, sharp edges) • Rough surfaces on walls. • Defective shower controls. • Inadequate signs regarding showering before use/ toilets. • Lack of emergency lighting. 			<p>With implementation of adequate control</p> <p>Low risk</p>	
<p>Emergency equipment</p> <ul style="list-style-type: none"> • Poor or no safety equipment e.g. no poles, throwing ropes, spine board, first aid kit, drowning alarms • Poor or no access to an emergency telephone 	<ul style="list-style-type: none"> • Swimmers • Possible drowning or other major incidents 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Discussion with pool management on the standards of safety equipment • Clarify the hirer's responsibility for maintaining poolside safety equipment 	<p>With implementation of adequate control</p> <p>Low risk</p>	Jan 2014
<p>Child protection issues</p>	<ul style="list-style-type: none"> • Athletes • Harm to children going to events, training camps, trips • Teachers, coaches, volunteers, officials • Possibility of wrongful accusations 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Child protection officer to advise on how to look for signs and how to proceed with problems that may arise • Contact ASA child protection team • Provide coaches and volunteers with code of contact 	<p>With implantation of adequate control</p> <p>Low risk</p>	Jan 2014

Identified hazards	Risks	Measures to control risk	Level of risk	Date assessed
<p>General accidents and incidents</p>	<ul style="list-style-type: none"> • Swimmers, coaches, teachers, volunteers, officials • Accident or incident which may lead to a criminal conviction or civil court action • Lack of insurance cover 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • All incidents should be reported to the relevant person and logged in an incident book • Only complete activities which the club is insured to carry out - all coaches/teachers to check before carrying out. • Contact ASA legal affairs department for advice 	<p>With implementation of adequate control</p> <p>Low risk</p>	<p>Jan 2014</p>
<p>Health issues</p> <ul style="list-style-type: none"> • Strenuous exercise • Exercise addiction and over-exercise • Use of stimulants • Prescribed medication 	<ul style="list-style-type: none"> • Child swimmers • Possible adverse effect on body • Swimmers • Possible adverse effects on body • Swimmers • Addiction and adverse effect for swimmers • Swimmers • Coaches / volunteers • Possible medical emergency 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Medical check before youngsters begin strenuous exercise • Provide consent form for strenuous exercise • • Ensure swimmers and coaches are aware of the problems and provide advice • Warn swimmers of the adverse effects of drugs • Provide coaches, parents and swimmers of the adverse effects. • Inform club officers of any medication to be taken eg inhalers, before joining club. • Have all required medication on poolside. • Coach to have list of all swimmers on medication. 	<p>With implementation of adequate control</p> <p>Low risk</p>	<p>Jan 2014</p>

Identified hazard	Risks	Measures to control risks	Level of risk	Date assessed
<p>Spectator gallery</p> <ul style="list-style-type: none"> • Worn, slippery or loose floor and stair finishes • Inadequate handrails on gallery fronts • Poor ventilation, excessive temperatures • Broken/loose seating 	<ul style="list-style-type: none"> • Spectators, particularly elderly, children and disabled • Possible accidents, trips and falls. 	<p>ACTION BY CLUB OFFICERS</p> <ul style="list-style-type: none"> • Eliminate hazards, risks through discussions with pool management. • Warning to club members and others regarding deficiency. 	<p>With implementation of adequate control</p> <p>Low risk</p>	<p>Jan 2014</p>