

**Male**

	25m				50m				100m				200m				Medley				Distance	
	Butterfly	Backstroke	Breaststroke	Frontcrawl	Butterfly	Backstroke	Breaststroke	Frontcrawl	Butterfly	Backstroke	Breaststroke	Frontcrawl	Butterfly	Backstroke	Breaststroke	Frontcrawl	100m	200m	400m	400m	800m	1500m
18-24	00:13.63 Matt Hare	00:14.30 Harrison Jones	00:15.66 Peter Holden	00:12.30 Matt Cruse	00:28.08 John Branston	00:29.56 Harrison Jones	00:31.34 James Tucker	00:24.30 George Claverley	01:02.08 Matt Hare	01:04.40 Harrison Jones	01:14.13 James Tucker	00:55.50 George Claverley	02:29.85 Matt Hare	02:17.63 Harrison Jones	02:56.88 Harrison Jones	02:09.39 Matt Cruse	01:04.74 James Tucker	02:24.37 Matt Hare	04:59.30 Harrison Jones	04:36.04 Harrison Jones		18:46.60 Harison Jones
SB	13.80 HJ		16.88 HJ	12.69 HJ	28.25 HJ		35.75 HJ	26.72 HJ	1:02.52 HJ		1:19.51 HJ	58.53 HJ	2:31.98 HJ			2:12.79 HJ	1:06.80 HJ	2:24.49 HJ				
25-29	00:13.08 Dan pickup	00:14.78 Dan Pickup	00:16.71 Matt Cruse	00:11.96 Jack Cook	00:29.26 Dan Pickup	00:32.16 Dan Pickup	00:35.78 Dan Pickup	00:24.40 Jack Cook	01:04.72 Matt Cruse	01:06.87 Dan Pickup	01:21.78 Matt Cruse	00:55.51 Jack Cook	02:29.35 Matt Cruse	02:33.18 Matt cruse		02:11.38 Matt Cruse	01:06.54 Dan Pickup	02:35.88 Matt Cruse	05:35.32 Matt Cruse	04:46.95 Matt Cruse	11:32.00 Dan Pickup	19:53.44 Matt Cruse
SB	Broke own 2017 record by 1s	Broke MCs 2016 record by 1s	0:17.51 DP	12.94 DP	Broke 2013 JC's record	Broke 2015 MC's record	Broke own 2018 record by 1s	26.97 DP	1:04.90 DP	Dropped 2s off this year	1:22.09 DP	59.09 MC	2:38.94 MC			2:15.03 MC	Broke own 2018 record by 0.5s	Broke own 2017 record by 1s				
30-34	00:13.80 Jack Cook			00:12.18 Jack Cook	00:29.00 Jack Cook			00:24.70 Jack Cook					00:55.81 Jack Cook									
SB	13.95 JC			30.63 JC				26.74 JC					59.28 JC									
40-44	00:15.15 Richard Brown	00:22.11 Richard Brown		00:13.80 Richard Brown	00:32.93 Richard Brown	00:42.51 Richard Brown	00:39.11 Richard Brown	00:29.08 Richard Brown	01:15.90 Richard Brown				01:06.17 Richard Brown					01:18.79 Richard Brown				
SB	New Record	New Record		New Record	Dropped 3 tenths this year	New Record	New Record	Dropped 8 tenths this year	New Record				Dropped 3s this year					New Record				
50-54	00:16.66 Shaun Cairns	00:19.75 Shaun Cairns	00:18.12 Shaun Cairns	00:14.92 Shaun Cairns			00:44.84 Shaun Cairns	00:39.90 Shaun Cairns	00:32.00 Shaun Cairns		01:40.82 Shaun Cairns	01:35.26 Shaun Cairns	01:14.30 Shaun Cairns					01:27.63 Shaun Cairns				
SB			19.27 SC				Broke 2017 record	Broke own 2016 record	Broke own 2018 record			1:36.00 SC	1:15.60 SC									
55-59	00:16.83 Malcolm Cruse	00:19.87 Malcolm Cruse	00:18.92 Malcolm Cruse	00:15.02 Malcolm Cruse																		
60-64	00:17.30 Malcolm Cruse	00:20.21 Malcolm Cruse	00:20.16 Malcolm Cruse	00:15.16 Malcolm Cruse	00:39.73 Malcolm Cruse	00:43.15 Malcolm Cruse	00:45.77 Malcolm Cruse	00:34.06 Malcolm Cruse		01:38.24 Malcolm Cruse	01:47.68 Malcolm Cruse	01:18.08 Malcolm Cruse				02:59.4 Malcolm Cruse	01:26.93 Malcolm Cruse				13:29.53 Malcolm Cruse	
SB			New Record		Broke own 2017 record by 9s	Broke own 2017 record by 5s	Broke own 2017 record	34.73 MC				Broke own 2017 record by 2s					1:31.41 MC					

Individual Records

Category	Points	Name	2013	2014	2015	2016	2017	2018
Men's Points	22	Dan pickup						

Beat MCs 18points in 2017

**Female**

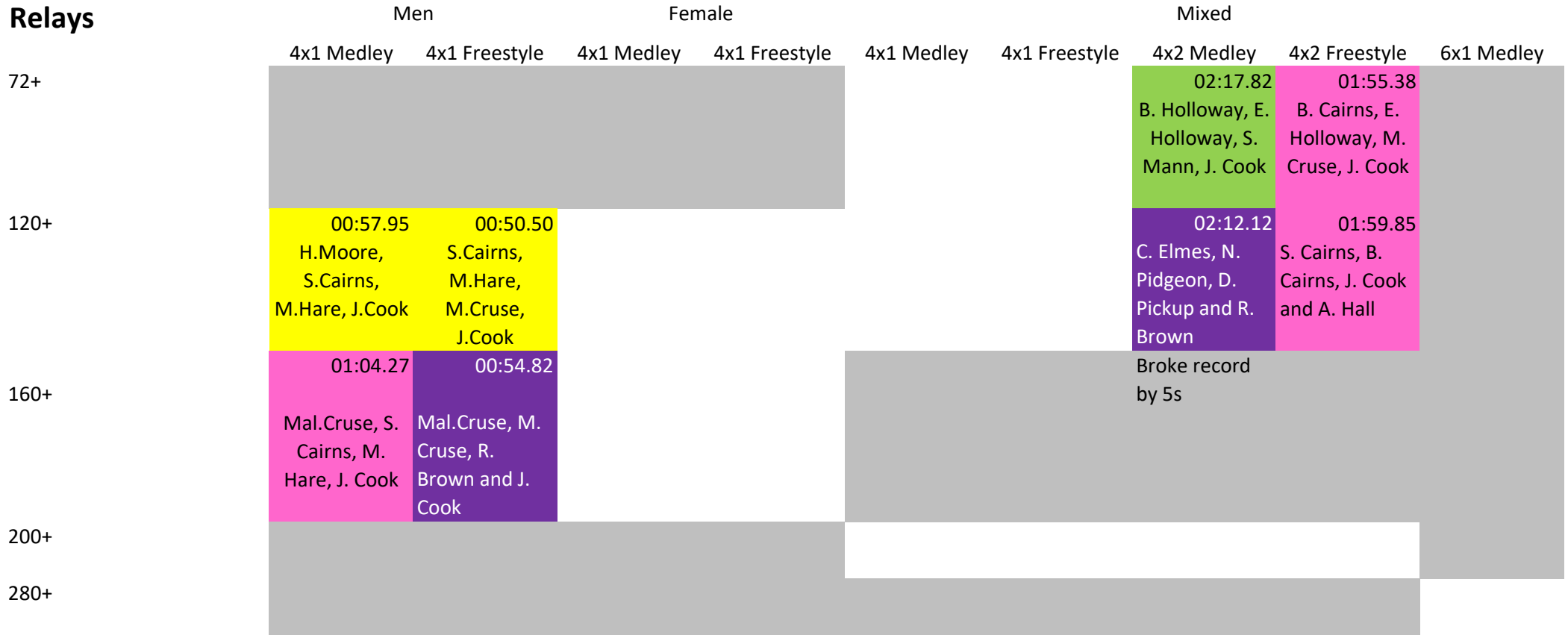
	25m				50m				100m				200m				Medley				Distance	
	Butterfly	Backstroke	Breaststroke	Frontcrawl	Butterfly	Backstroke	Breaststroke	Frontcrawl	Butterfly	Backstroke	Breaststroke	Frontcrawl	Butterfly	Backstroke	Breaststroke	Frontcrawl	100m	200m	400m	400m	800m	1500m
19-24	00:14.03 Amy Hall	00:16.73 Amy Hall	00:17.74 Amy Hall	00:13.57 Amy Hall	00:30.09 Amy Hall	00:32.31 Amy Hall	00:36.42 Natalie Pidgeon	00:28.30 Amy Hall	01:09.30 Amy Hall	01:16.09 Emma Holloway	01:18.92 Natalie Pidgeon	01:02.00 Amy Hall	02:38.52 Amy Hall	02:44.45 Emma Holloway	03:00.77 Natalie Pidgeon	02:19.56 Emma Holloway	01:11.60 Amy Hall	02:38.99 Natalie Pidgeon	05:34.23 Bryony Cairns	04:52.66 Amy Hall	10:11.96 Byony Cairns	23:46.52 Charity Moore
SB	14.43 AH		18.38 NP	13.62 AH	Broke own 2017 record	Broke AC's 2017 record by 2.5s	Shaved a further 0.6 off		1:09.79 AH	1:16.53 AC		Beat own 2017 record		2:45.95 AC			Broke own record by 2s					
25-29			00:20.36 Emma Holloway	00:16.41 Sally-Ann Mann		00:37.19 Emma Holloway							01:11.02 Emma Holloway									
SB			New Record			New Record							New Record									
30-34	00:15.05 Catherine Elmes	00:17.09 Catherine Elmes	00:18.83 Catherine Elmes	00:15.91 Heather Rogers	00:33.90 Catherine Elmes	00:35.59 Catherine Elmes	00:41.39 Catherine Elmes	00:31.21 Catherine Elmes	01:32.31 Heather Rogers	01:30.71 Heather Rogers	01:47.00 Heather Rogers	01:09.09 Catherine Elmes				02:53.14 Heather Rogers	01:18.47 Catherine Elmes	03:21.32 Heather Rogers		06:00.63 Heather Rogers	12:27.39 Catherine Elmes	23:35.40 Catherine Elmes
SB	15.46 CE	17.11 CE	New Record	New Record	Beat HR's 2018 record by 5s	Dropped 0.12s this year	Beat HR's 2017 record by 7s	31.72 CE	New Record	New Record	New Record	New Record				New Record	Broke own record by 4s	New Record		New record		

Individual Records

Category	Points	Name	2013	2014	2015	2016	2017	2018
Female Points	20	Heather Rogers and Catherine Elmes						

Beat EH, CE and HR's 2017 record and EH and CE's 2018 record

# Relays



## Team Records

Men's Combined Points	74
Men's Combined Position	4
Female's Combined Points	62
Female's Combined Position	4
Combined Points	120
Combined Position	4

2017/18

