

World Championships	Matt		Jack		Shaun		Malcolm	
	Quali	Swim	Quali	Swim	Quali	Swim	Quali	Swim
	50 free	00:27.92	00:27.71	00:28.51	00:25.60	00:32.67	00:33.39	00:35.64
100 free	01:03.16	00:59.09	01:04.35	00:57.39	01:14.55	01:15.45	01:22.17	01:20.25
200 free	02:16.40	02:11.70	02:19.75		02:40.40		03:03.45	
400 free	04:52.90	04:57.10	05:00.60		05:36.15		06:27.05	
800 free	10:19.45		10:24.25		11:50.70		13:36.35	
50 back	00:33.36	00:33.24	00:34.16		00:40.10	00:45.68	00:45.05	00:48.00
100 back	01:12.77	01:09.97	01:15.74		01:29.10	01:40.82	01:42.96	01:38.24
200 back	02:33.65	02:33.18	02:38.45		03:12.10		03:40.90	
50 breast	00:35.64	00:36.45	00:35.63		00:42.57	00:40.00	00:46.53	00:46.06
100 breast	01:20.19	01:21.78	01:22.37		01:33.06	01:35.26	01:44.94	01:47.68
200 breast	02:53.85		02:56.70		03:21.70		03:46.65	
50 fly	00:30.59	00:30.38	00:30.99	00:29.00	00:35.64		00:40.10	00:48.48
100 fly	01:08.31	01:06.17	01:09.30		01:21.18		01:39.99	
200 fly	02:40.70	02:32.61	02:41.70		03:17.00		03:48.35	
200 IM	02:32.90	02:36.91	02:37.80		03:03.25		03:27.75	
400 IM	05:44.95		05:56.70		06:33.00		07:35.70	
Qualified races		9		3		1		4

Nationals	18-24		Matt H		Peter		Ben		Cameron		Jamie		25-29		Matt C		30-34		Jack		50-54		Shaun		18-24		Emma		Amy		Bryony		60-64		Malcolm	
	Quali	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim		
	50 free	00:34.80	00:27.09	00:28.79	00:28.70	00:28.27	00:29.19	00:34.80	00:27.71	00:35.50	00:25.60	00:39.00	00:33.39	00:39.80	00:30.45	00:28.20	00:31.22	00:41.70	00:34.71																	
100 free	01:19.10	00:59.42	01:00.15	01:04.31	01:01.55	01:02.33	01:19.10	00:59.09	01:19.20	00:58.13	01:26.20	01:15.45	01:26.70	01:05.84	01:02.92	01:05.92	01:34.60	01:20.25																		
200 free	02:54.30						02:54.30	02:11.70	02:56.80		03:12.90		03:14.30	02:22.81	02:18.80	02:22.26	03:32.90																			
400 free	06:10.40						06:10.40	04:57.10	06:10.60		06:42.10		06:49.80	04:57.68		04:58.96	07:23.70																			
800 free	12:49.70						12:49.70		12:54.20		13:55.20		13:52.10		10:11.96	15:25.90																				
1500 free	24:55.80				19:13.33		24:55.80		24:58.80		27:11.20		26:25.30			29:49.10																				
50 back	00:38.40	00:30.97	00:32.13	00:34.41		00:32.94	00:38.40	00:33.24	00:39.00	00:43.90	00:45.68	00:42.90	00:37.51	00:32.43	00:37.73	00:47.70	00:48.00																			
100 back	01:22.90	01:05.43	01:09.32	01:11.82		01:06.89	01:22.90	01:09.97	01:23.50	01:35.60	01:40.82	01:34.10	01:19.75	01:16.32	01:19.93	01:45.20	01:38.24																			
200 back	03:01.30						03:01.30	02:33.18	03:05.20	03:33.00		03:23.80	02:44.85		02:47.36	03:55.60																				
50 breast	00:43.10	00:35.74	00:35.08	00:40.01		00:37.08	00:43.10	00:36.45	00:43.70	00:48.40	00:40.00	00:50.60	00:41.88	00:37.13	00:39.72	00:52.80	00:46.06																			
100 breast	01:37.50	01:20.75	01:19.70			01:25.03	01:37.50	01:21.78	01:38.20	01:48.50	01:35.26	01:48.30	01:34.25		01:24.15	02:00.20	01:47.68																			
200 breast	03:31.20						03:31.20		03:32.70	03:55.00		03:49.90			03:00.03	04:20.50																				
50 fly	00:36.30	00:28.45	00:29.21			00:33.60	00:36.30	00:30.38	00:37.10	00:29.00	00:41.80	00:43.00	00:34.58	00:30.75	00:34.10	00:45.50	00:48.48																			
100 fly	01:22.90	01:03.42	01:05.62	01:15.23	01:11.49	01:12.87	01:22.90	01:06.34	01:24.40	01:33.40		01:33.40	01:17.80	01:09.13	01:16.19	01:44.10																				
200 fly	03:02.80	02:36.36					03:02.80	02:32.61	03:06.80	03:29.60		03:27.20		02:38.17	02:45.50	04:03.60																				
100 IM	01:27.70	01:06.70		01:16.39	01:11.96		01:27.70	01:08.19	01:29.70	01:41.30	01:34.66	01:38.00	01:18.02	01:11.49	01:15.30	01:51.40	01:31.93																			
200 IM	03:06.70						03:06.70	02:36.91	03:09.40	03:33.00		03:26.10			02:49.66	03:56.40																				
400 IM	06:49.0						06:49.0		06:57.7	07:40.2		07:20.8	05:49.8		05:34.23	08:35.6																				
Qualified races		10	8	7	5	8		14		3		5		13	10	17		6																		