

ASA Competitive Swimmer Award Times

BACKSTROKE

	BRONZE	SILVER	GOLD	PLATINUM
200 Metres	3.48.70	3.20.40	3.02.40	2.49.50
100 Metres	1.56.00	1.41.40	1.32.00	1.25.50
66.6 Metres	1.13.00	1.03.70	58.00	
50 Metres	54.40	47.50	43.00	
33.3 Metres	34.20	29.80	27.20	
25 Metres	24.70	21.50	19.60	

BREASTSTROKE

	BRONZE	SILVER	GOLD	PLATINUM
200 Metres	4.14.90	3.44.00	3.23.80	3.09.30
100 Metres	2.12.00	1.55.40	1.44.80	1.37.30
66.6 Metres	1.23.00	1.12.50	1.05.90	
50 Metres	1.00.40	52.70	48.00	
33.3 Metres	38.00	33.20	30.20	
25 Metres	27.20	23.80	21.70	

BUTTERFLY

	BRONZE	SILVER	GOLD	PLATINUM
200 Metres	3.36.60	3.19.20	3.01.00	2.48.20
100 Metres	1.53.80	1.39.40	1.30.40	1.23.90
66.6 Metres	1.10.80	1.01.90	56.20	
50 Metres	52.40	45.70	41.50	
33.3 Metres	32.50	28.50	25.80	
25 Metres	23.20	20.30	18.50	

FRONTCRAWL

	BRONZE	SILVER	GOLD	PLATINUM
200 Metres	3.29.50	3.02.90	2.47.10	2.35.30
100 Metres	1.44.30	1.31.00	1.22.80	1.16.90
66.6 Metres	1.05.10	56.90	51.70	
50 Metres	47.00	41.00	37.20	
33.3 Metres	29.20	25.60	23.20	
25 Metres	21.00	18.30	16.70	

INDIVIDUAL MEDLEY

	BRONZE	SILVER	GOLD	PLATINUM
200 Metres	3.53.70	3.23.00	3.04.40	2.51.20
133 Metres	2.43.60	2.22.80	2.09.80	
100 Metres	1.58.60	1.43.60	1.34.10	